



Serving the Community since 1956

Published by the Australian Asian Association of WA Inc.

2018 HarmonyWeek AAA CULTURAL EVENING for CaLD YOUTH



Greetings from Youth Coordinator on behalf of the Australian Asian Association.

We organised the AAA Multicultural Evening for CaLD youth on Saturday 17th March 2018, to celebrate Harmony week, at the Olga Ramasamy Hall. This event is supported by the Office of Multicultural Interests and sponsored by Australian Technical College. To achieve this, the planning committee under the guidance of the

(Continued on Pages 6 and 7)

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SERVICES AVAILABLE FOR THE COMMUNITY

TRIPLE A CARE:

HOME AND CARE PACKAGES (HCP)

Funded by Department of Health and Ageing.

Contact Manil De Mel

HCP Coordinator on **(08) 9328 3435**

Office Hours:

Monday, Wednesday and Friday

9:00am to 5:00pm

HOME AND COMMUNITY CARE PROGRAMME (HACC)

Funded by Department of Health (State).

Contact Dushyanthi Fernando

HACC Coordinator on

(08) 9328 7688



EMERGENCY RELIEF:

Funded by Lotterywest and Department of Family and Community Services.

Available to those who find themselves in a crisis situation.

- AAA Perth 275 Stirling St, Perth
(08) 9328 6202

Office Hours:

Tuesday and Wednesday

1:00pm to 3:30pm

- AAA Gosnells Community Lotteries House
Suite 3/2232C Albany Hwy, Gosnells
(08) 9300 9156

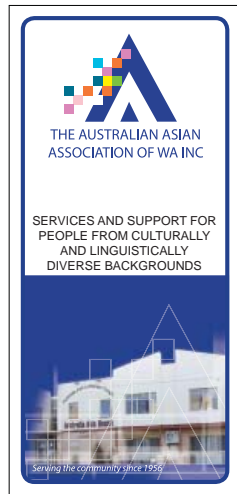
Office Hours:

Tuesday and Wednesday

10:00am to 2:00pm



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Committee Room seating capacity up to 14 people (for members only).

FOR BOOKINGS AND INFORMATION CONTACT (08) 9328 1160

PRINTING AND PHOTOCOPYING FACILITIES

Colour A4
Members - 50 c
Non Members - 70 c

Black and White A4
Members - 10 c
Non Members - 15 c

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\$ 100 - FULL A4
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\$ 25 - 1/4 A4

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CONTACT (08) 9328 6202

President's Message



Dear Members

Welcome to 2018, as this is our first issue for the year we wish you our valued members all the best for the all the best year ahead of us. I am happy to begin the year on a positive note and let me tell you that we have much planned for the rest of the year.

Our Harmony Day celebration was a tremendous success and we have included pictures of the colourful evening for those who could not attend. A special thank you to the organisers of the event and to the various ethnic associations who participated in the event.

We have reviewed the hall hire rates at AAA, and I strongly encourage you to contact the office to avail of the current rates and facilities. During the year we intend introducing new programs which will benefit members of various CaLD communities.

Our Aged Care programs the HACC and the HCP have performed extremely well, for which I thank the coordinators for their commitment and dedication. On a happier note I would like to inform you that we have received approval to be an NDIS (National Disability Insurance scheme) provider.

We invite all Mothers to join us for the Mother's Day celebration on the 6th of May at 3.00pm at the Australia Asia Main Hall. Please contact the office for your tickets. I hope you will join us at this function.

On behalf of the Executive committee, I wish you our members all the best for the 2018 - Good health and happiness.

Kind regards

Marlene Burnaby
President

Australian Asian Association of WA

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Triple A Care recognises the importance of carers and their role and uphold the Charter of Rights and Responsibilities.

1. Carers must be treated with respect and dignity.
2. The role of carers must be recognised by including carers in the assessment, planning, delivery and review of services that impact on them and the role of carers.
3. The views and needs of carers must be taken into account along with the views, needs and best interests of people receiving care when decisions are made that impact on carers and the role of carers.
4. Complaints made by carers in relation to services that impact on them and the role of carers must be given due attention and consideration.

Triple A Care recognises and supports people with disabilities. We offer the same opportunities to those with and without disabilities. We use a person centred approach to Plan and deliver quality services. Our Day Centre is on the ground floor and easily accessible for people with disabilities. Our clients and their carers are given the opportunity to provide feedback regarding our services.

Information regarding our services is available on www.aaawa.org.au

We are pleased to inform you that Triple A Care was approved to provide Disability Support Services through the National Disability Insurance Scheme (NDIS) and commenced services in December 2017. Our application to provide support services through National Disability Insurance Agency (NDIA) was also approved. Our current disability support service clients have informed us that they requested our services due to the good reputation we have established providing Aged Care Services in the Community.

We have also signed agreements with Red Cross, Silver Chain and Independent Living Centre WA to provide respite services through the Commonwealth Respite and Carelink Centre (CRCC). We have delivered services to several Red Cross clients successfully since commencing this service in October 2017.

The Home and Community Care Programme (HACC) will be transitioning to the Commonwealth Home Support Programme (CHSP) in July 2018. HACC and CHSP is for clients who need basic support to live independently therefore we have been having conversations with our clients who receive more that 2 hours of services per fortnight regarding Home Care Packages (HCP). Eligible clients can receive more assistance through HCP. To receive a Home Care Package, clients need to be referred by their General Practitioner to an Aged Care Assessment Team (ACAT) who will assess you for a Home Care Package. Depending on your health and needs you may be approved for a level 1 – 4 Home Care Package. A Level 4 package will entitle a client to the maximum services. Once you are assessed you join a national queue and wait your turn to be assigned a package.

When a client is assigned a package, they may select a provider of their choice and the client needs to give the provider the Code which is assigned to you to accept your Home Care Package within the stipulated time. If you wish Triple A Care to continue providing the service, Triple A Care will access your package using the code. We will help you to transition from HACC to HCP with the least disruption to your services. We will ensure the same support worker continue to assist you with the support you require.

We also take this opportunity to request you to send us feedback on the services provided to you. You may use the forms available in your home file or write to us. We appreciate your feedback as this is necessary to improve and provide a better service to you.

Finally, we encourage you to take the time to make your selves aware of the various services that are available to assist you to live at home independently. We are always happy to meet with you and talk to you and assist you to make an informed choice. We are also happy to speak to your doctor if required.

Please contact me if I can be of any assistance to you on:
Telephone - 9328 7688 or email: HACC.Coordinator@aaawa.org.au

Thank you and assuring you of our continued support.

Dushyanthi Fernando
HACC COORDINATOR

TRIPLE A CARE CHRISTMAS CELEBRATIONS 2017



WANTED REGISTERED NURSES

Australian Asian Association requires **REGISTERED NURSES** to provide home care for Level 3 and 4 - Home Care Package Clients.

We would require Registered Nurses who speak one or more of the languages from the following countries: India, Sri Lanka, Burma, Malaysia, Pakistan, Iran, Spain and Russia.

Please forward your Resume with Certificates of Qualifications and Police Clearance to the email address below:

HCP Coordinator Manil De Mel

Tel: (08) 9328 3435 Email: HCP.Coordinator@aaawa.org.au

Triple A Care ensures people with disability receive quality services and complies with the National Standards for Disability Services as listed below:

- Standard 1: Rights
- Standard 2: Participation and Inclusion
- Standard 3: Individual Outcomes
- Standard 4: Feedback and Complaints
- Standard 5: Service Access
- Standard 6: Service Management

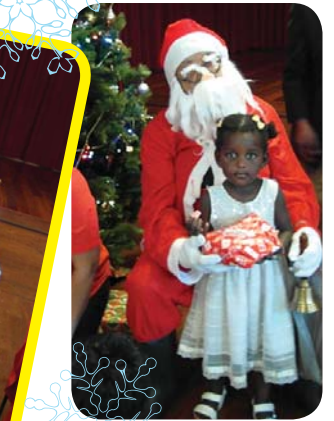


AAA CHRISTMAS PARTY 2017



On Sunday 17th December 2017, at the Australia Asia House, a Christmas party was organised for our clients, their families, children and grandchildren and our senior friends.

“Krystal” (the entertainer) kept all the children happy and entertained by facepainting and children blowing interesting balloons. Santa Claus dropped by to give out presents, after which everyone sat down to a traditional Christmas Meal. It was a Fun Day for all the guests and our staff! THANK you to all who helped to make the function a success!



DEATHS OF CHUNJUN LI AND JIAOLONG ZHANG AND ALI MOHAMMAD SOLTANI

The Coroners Court of Western Australia conducted inquest hearings into the circumstances surrounding the deaths of three men who died while rock fishing at the Salmon Holes in the Albany area. The Deputy State Coroner presided and heard evidence of the deaths of Chunjun Li and Jiaolong Zhang at the Albany Court House on 20-23 November 2017.

So similar to these deaths was the death of Mr Ali Mohammad Soltani, the Deputy State Coroner also heard evidence into the circumstances of Mr Soltani's death at the Albany Court House on 24 November 2017.

The purpose of the inquest hearings was to highlight the dangers of rock fishing.

On 18 April 2015 Chunjun Li and Jiaolong Zhang were at the Salmon Holes in Torndirrup National Park to fish for salmon. Mr Li was 42 years old and Mr Zhang was 38 years old at the time of their deaths. Neither men were wearing a life jacket, but they tied themselves to a rock with rope.

Shortly after they commenced fishing a series of waves of increasing strength swept against the rocks with one breaking behind the two fishermen. They were both swept into the sea and under the water. Mr Li surfaced and was washed towards the beach. He was recovered from the water and resuscitation was commenced by bystanders. He did not revive. Mr Zhang's body was never recovered despite an extensive land, sea and air search in improving conditions over 4 days.

On 26 April 2016 Ali Mohammad Soltani was fishing from rocks at the north east end of Salmon Holes Beach while his brother in law and nephew fished from the beach. The deceased had a rope attached

to an anchor bolt on the rocks but it was not clear how it was attached to him. He was not wearing a life jacket. The deceased was 30 years old at the time of his death. The deceased's body was recovered by police divers the following day floating on the sea floor south of where he had last been seen.

Expert evidence and that of those experienced in search and rescue operations emphasised the use of relevant and appropriately maintained life jackets would have increased the survivability and recovery of all deceased.

The focus of both inquests was on safety issues centred largely around the wearing of life jackets when rock fishing and the potential for personal Emergency Position Indicator Rescue Beacons (IPIRBs) to assist with recovering both survivors and deceased, the tensions surrounding the provision of anchor rock points by the Department of Biodiversity, Conversations and Attractions, the use of drones in search and rescue and in the specific location of the Salmon Holes, radio and/or digital communication. The Deputy State Coroner made 5 recommendations in respect to these safety concerns.

The loss of Mr Li and Mr Zhang and Mr Soltani to their families and the community is irreversible. They came to Australia to start new lives and experience the life style and opportunities available here. Unfortunately, --it ended in tragedy.

Should you wish to view the full findings of the Deputy State Coroner and recommendations please go to the Coroners Court webpage which can be found at http://www.coronerscourt.wa.gov.au//inquest_findings_2018.aspx



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2018 HARMONY WEEK AAA CULTURAL EVENING FOR CaLD YOUTH



Youth Coordinator, met regularly with all the CaLD Communities to coordinate and structure the programme for the day.

As program coordinator of the event, I liaised with the Executive committee, Presidents of various associations, Choreographers, participants, Community representatives and volunteers. The dances comprised of 18 various items including the Chinese Lion Dance, Bollywood, Ancestries Capoeira, Ovation Dance Group from Russia and programs from various communities who displayed their culture through dance and song and reflected the diverse cultures and identities present in Australia.

We had participants from Asian, African and western communities. The program commenced with Amy Chokchai as MC of the function explaining the Significance of Harmony and AAA President Mrs. Marlene Burnaby welcomed the special guests and members of the participating communities. The traditional Lighting of the Lamp was done by Chief Guest Hon. Janine Freeman, MLA representing Hon. Premier Mark McGowan and Ms. Natasha Hanham - Community Engagement officer from OMI. Chief. Guest Hon. Ms. Janine Freeman and Ms. Natasha addressed guests and the communities on the event. Mr. Melville Fialho the vice president of the Association introduced each cultural item with the significant backgrounds.

On behalf of AAA, I thanked to all the artists, guests and participants who attended the function. A special appreciation to Mr. Ali Asif, Managing Director of Australian Technical college for sponsoring the souvenir given all the artists who displayed significant talent. My sincere thanks to OMI for the funding received. I thank the office staff my colleagues and volunteers who have given their time to support me to make this function a grand success.

Yam KC
Youth Coordinator







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PLASTIC BAG BANS ARE COMING. HERE'S WHAT YOU NEED TO KNOW

From July 1, Queensland and Western Australia will ban single-use, lightweight plastic bags from major retailers, bringing them into line with the ACT, South Australia and Tasmania.

Supermarkets have followed suit.

Heavy-duty plastic bags potentially worse for the environment?

The ban on plastic bags only relates to single-use plastics thinner than 35 microns, or 0.035 millimetres (human hair ranges from about 60 to 120 microns). These typically high-density polyethylene bags or HDPE bags.

Woolworths currently gives out more than 3.2 billion single-use HDPE plastic bags every year, and according to a 2009 study, about 1 per cent of those, or 30 to 40 million single-use bags, find their way into the environment.

But thicker, more durable plastic bags will still be available to purchase in most supermarkets.

So, is this any better for the environment? The short answer is, it depends.

If consumers continue to use heavy-duty plastic bags at the same rate as lightweight bags, it can actually be worse.

A UK Government life-cycle analysis of single-use versus reusable bags reported that heavy-duty plastic bags (low-density polyethylene or LDPE bags) need to be reused at least four times to make up for the increased greenhouse gas emissions caused by their production, when compared to single-use HDPE bags. And heavy-duty plastics may also take longer to break down in the environment, though both will eventually end up as harmful microplastics if they enter the ocean.

Professor Sami Kara from the University of New South Wales said introducing heavy-duty reusable bags is a short-term solution at best.

Do lightweight-bag bans reduce the amount of plastic we use?

Concerns that heavy-duty plastic bags are being discarded after a single use prompted ACT Climate Minister Shane Rattenbury to order a review of the scheme in the ACT earlier this year, citing "perverse" environmental outcomes. Still, Keep Australia Beautiful national report for 2016-17 found a drop in plastic bag litter after plastic-bag bans came into effect, particularly in Tasmania and the ACT. And a review of the ACT's bag ban in 2014 found annual plastic bag waste had dropped from 266 tonnes to 171 tonnes after it was implemented.

But these short-term gains may be wiped out by population growth, and we'll end up with more people consuming more energy-intensive bags in the near future, Dr Kara warns.

What are the better options?

There are different energy costs for all bag materials, but the best way to reduce the impact of our bags is to reuse them more.

Cotton bags are water and energy intensive to produce. Estimates suggest they need to be used around 130 times to achieve a reduction in greenhouse gases.

But they are generally able to hold more items and can be used repeatedly. And they biodegrade, rather than breaking down into harmful pollutants.

25 BEST COUNTRIES IN THE WORLD TO GROW OLD IN - 2017

Do you know which is the best country to grow old in? The world is ageing fast and the number of elderly people is growing every year. However, there are big differences among individual countries when it comes to growing old. HelpAge International, an international non-governmental organisation that helps older people claim their rights, challenge discrimination, and overcome poverty; developed the Global AgeWatch Index. This index compares the quality of life of older citizens in different countries all over the world. The Index is also a tool to measure progress and aims to improve the impact of policy and practice on ageing populations. Based on four main domains (income security, health status, capability and enabling environment), the Index is used to create an annual ranking of the best and worst countries to grow old in.

- | | |
|--------------------------|--------------------------|
| 1 Switzerland | 14 Finland |
| 2 Norway | 15 Ireland |
| 3 Sweden | 16 France |
| 4 Germany | 17 Australia |
| 5 Canada | 18 Israel |
| 6 Netherlands | 19 Luxembourg |
| 7 Iceland | 20 Panama |
| 8 Japan | 21 Chile |
| 9 United States | 22 Czech Republic |
| 10 United Kingdom | 23 Estonia |
| 11 Denmark | 24 Belgium |
| 12 New Zealand | 25 Spain |
| 13 Austria | |

Out of 24.3 million Australians, 4.9 million are over 60. Australia ranks highest in the health domain, with values above the regional average on all health indicators. It also does well in the capability domain (high levels of educational attainment and employment rate among older people) and in the enabling environment domain (social connectedness and civic freedom).



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*Free hearing test is only available to persons aged 26 years or older. Please speak to your local clinic for details.



MOTHER'S DAY

6th MAY 2018

3.00pm - 6.00pm



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