



Serving the Community since 1956

Published by the Australian Asian Association of WA Inc.

*Easter is a time of love,
A time of death and pain undone,
So we may know the power of
The love that lives in each one.
Each love we feel, unstained and free,
Redeems us-as with you and me.*

*Easter is a time to celebrate
love and life as we remember
what's really important.
Wishing you and your family
a joyful Easter filled with
Blessings and Peace!*

From the Executive and Staff at AAA

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SERVICES AVAILABLE FOR THE COMMUNITY

TRIPLE A CARE:

HOME AND CARE PACKAGES (HCP)

Funded by Department of Health and Ageing.

Contact Manil De Mel

HCP Coordinator on **(08) 9328 3435**

Office Hours:

Monday, Wednesday and Friday

9:00am to 5:00pm

HOME AND COMMUNITY CARE PROGRAMME (HACC)

Funded by Department of Health (State).

Contact Dushyanthi Fernando

HACC Coordinator on

(08) 9328 7688



EMERGENCY RELIEF:

Funded by Lotterywest and Department of Family and Community Services.

Available to those who find themselves in a crisis situation.

● AAA Perth 275 Stirling St, Perth
(08) 9328 6202

● AAA Gosnells Community Lotteries House
Suite 3/2232C Albany Hwy, Gosnells
(08) 9300 9156

Office Hours:

Tuesday and Thursday

9:30am to 12:30pm



FACILITIES at AUSTRALIA ASIA HOUSE 275 Stirling Street, Perth 6000

HALLS AVAILABLE

The Main Hall

seating capacity 200-250 people

- Stage
- Kitchen - Drinks, Fridge, Microwave
- Reverse cycle air conditioning
- Public Address System complete with music system
- Overhead Projector and Wide Screen
- 18 tables and 250 chairs

The Lesser Hall

seating capacity 40-60 people

- Wall mounted white board
- Reverse cycle air conditioning
- Tea making facilities/fridge
- 10 tables and 60 chairs

Committee Room seating capacity up to 14 people (for members only).

FOR BOOKINGS AND INFORMATION CONTACT (08) 9328 1160





PRINTING AND PHOTOCOPYING FACILITIES

| | | | | | |
|---|--------------------|--------|---|---------------------------|--------|
|  | Colour A4 | |  | Black and White A4 | |
| | Members | - 50 c | | Members | - 10 c |
| | Non Members | - 70 c | | Non Members | - 15 c |

Customise and Print your Newsletters, Flyers, Posters and Pamphlets in Colour or Black and White.

LAMINATING AND SCANNING SERVICES ARE ALSO AVAILABLE!!!

AAA NEWSLETTER ADVERTISING COST PER ISSUE

| | |
|---|-------------------------|
|  | \$ 100 - FULL A4 |
|  | \$ 50 - 1/2 A4 |
|  | \$ 25 - 1/4 A4 |

FOR FURTHER DETAILS AND TO BOOK YOUR PRINTING TIME

CONTACT (08) 9328 6202

President's Message



Our dear members and friends

Welcome back to another year and I hope you have had an enjoyable and relaxing holiday. I sincerely hope that we continue to serve you in 2017 as we have done in the previous years. We at the Australian Asia Association put service first. It's what we do. It's who we are. That has never been more evident than in the past couple of years.

Our Aged Care programs continue to grow and serve the needs of the CALD community. The new changes permit Triple A Care to provide assistance to level 3 and 4 Home Care Packages.

This year we have organised our harmony Day celebration as an outdoor event at the Hyde Park on Sunday the 19th March. Details of the events of the day are included in this issue for your perusal.

I encourage you our members to come along with your children and friends as there is fun for everyone. Planning an event like this requires much time and dedication. I thank our Youth coordinator, General Manager and Executive members for their contribution in organising this event. We would like to acknowledge the support given to us by The Office of Multicultural Interest and The Community Arts Network of WA (CANWA).

I take this opportunity to remind our members about renewal of membership. If you have a change of address please inform the office.

Thank you for being part of an association that continuous to grow. I wish you all a healthy and successful start to 2017.

Yours sincerely
Marlene Burnaby
President





Triple A Care recognises and supports people with disabilities. We offer the same opportunities to those with and without disabilities. We use a person centred approach to Plan and deliver quality services. Our Day Centre is on the ground floor and easily accessible for people with disabilities. Our clients and their carers are given the opportunity to provide feedback regarding our services. Information regarding our services is available on www.aaawa.org.au

Triple A Care HACC - CLIENT SURVEY

In Nov / Dec 2016, a survey was conducted with Clients receiving services from Triple A Care to get feedback on the Quality of care received from our support workers.

Clients surveyed:

- Survey forms distributed:.....25
- Number of forms returned:.....18
- Response Rate:.....72 %

Survey Questions and Responses

Question 1 was relating to punctuality to which 80% responded as staff are usually on time and 20% responded as always on time.

Question 2 was whether staff were appropriately dressed and the response from all clients was “yes” with a couple mentioning that staff were always neat and clean.

Question 3 and 4 was whether the Support workers care for them and were understanding and supportive. 100% of the clients responded “yes”.

Question 5 and 6 were whether the support workers were flexible and mindful of the client’s right and there

was a positive response from all clients.

Question 7 was with regards to the Care plan being adequate to their needs and 16 respondents replied that the care plan was adequate while 2 Clients mentioned that they would be grateful if some more hours of service could be included in their care plan.

Question 8 and 9 were whether the Support workers respected the client’s Individuality and privacy and whether they involve the client’s in any decision making and again the response from all client was “yes”.

Question 10 was whether the clients were happy with the support worker and the services provided by Triple A Care and some of the responses received were as follows:

- Very Happy
- The Carer has always been excellent
- Everything is Okay and very grateful for the service
- Very Satisfied with the Support and help

To summarise, the responses received were very encouraging and positive with all respondents happy with the Carers, level of support and very Appreciative of the services provided.

Triple A Care (HACC) ACTIVITIES PROGRAM 2016



Triple A Care recognises the importance of carers and their role and uphold the Charter of Rights and Responsibilities.

1. Carers must be treated with respect and dignity.
2. The role of carers must be recognised by including carers in the assessment, planning, delivery and review of services that impact on them and the role of carers.
3. The views and needs of carers must be taken into account along with the views, needs and best interests of people receiving care when decisions are made that impact on carers and the role of carers.
4. Complaints made by carers in relation to services that impact on them and the role of carers must be given due attention and consideration.

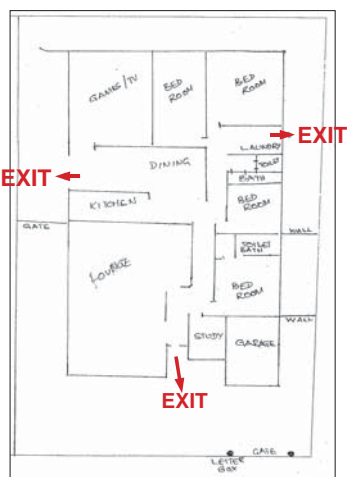
TRIPLE A CARE - CLIENT EMERGENCY PLAN

Each year in Western Australia, structural fires result in injury and death and create significant property damage. Triple A Care recommends you as a valued client, develop a home emergency plan so you will know how to leave quickly and safely in an emergency. It is important that you discuss your emergency plan with your family. If you have any questions seek assistance from your Coordinator.

Make sure you keep a drawing of your house with EXITS clearly marked handy.

BE READY AND BE PREPARED!

Example of a Client's House Plan:



1. Consider the following points:

- Plan two ways to get out every room if possible,
- Decide on a safe place outside the home to meet eg: letterbox,
- Make sure security doors can be unlocked quickly from the inside,
- Consider householders with special needs, very young or elderly,
- Consider an escape route for your pets,

- Draw an escape plan on paper, discuss it with your household and practice it once a year

2. Important

- Make sure you have smoke alarms, test them regularly and replace the batteries once a year
- Dial 000 (triple zero) or 112 to alert Emergency Services.

3. Protect you and your property

- Install mains powered smoke alarms
- Develop and practice an emergency plan for you
- When installing security always select a licensed installer
- When installing heating systems only used qualified tradesmen
- Guard open fires with a fine mesh screen to prevent sparks
- Clean chimney flues regularly from built-up ash and soot
- Be alert when cooking and never leave food unattended
- Never leave cigarettes burning unattended
- Never leave children unattended with candles, matches or lighters
- Only purchase fire blankets and extinguishers that meet Australian Standards
- Know what to do if a person's clothing catches on fire; stop, drop, cover, roll

WANTED REGISTERED NURSES



Australian Asian Association requires **REGISTERED NURSES** to provide home care for Level 3 and 4 - Home Care Package Clients.

We would prefer Registered Nurses from the Indian, SriLankan, Burmese, Malaysian, Pakistani, Iranian, Spanish and Russian communities.

Please forward your Resume with Certificates of Qualifications and Police Clearance to the email address below:

HCP Coordinator Manil De Mel - Tel: (08) 9328 3435 Email: CACP@aaawa.org.au

TOP ACTIVITIES FOR SENIORS IN PERTH

With spectacular beaches, a temperate climate and a vibrant inner city, seniors in Perth are spoilt for choice when it comes to recreation and activities. If you are a senior who is planning to get more involved in your community, or simply want to explore more of Perth, here are some great ideas to get you started.

ENJOY THE LOCAL PARKS AND BOTANICAL GARDENS

Known as a parkland oasis,¹ Perth is home to many beautiful green spaces, reserves, and gardens perfect for a slow day out or a picnic with friends. The city has 16 major parklands, 2 including the Swan River foreshore parklands. Most offer facilities such as seating, drinking fountains, toilets and exercise stations. For seniors, these are great places for a gentle stroll, a barbeque or picnic, or a day out with the grandkids.

- <http://www.perth.wa.gov.au/living-community/city-parks-and-gardens/parks-and-gardens>
- http://www.westernaustralia.com/en/Things_to_See_and_Do/top_10/Pages/Top_10_Free_Things_to_do_in_Perth.aspx

JOIN A COMPUTER CLUB

According to the Australians Seniors Computer Club Association there are 34 computer clubs in Western Australia. If you have always wanted to upgrade your computer and internet skills, why not join one of these clubs and make friends with other seniors?³ Some of these clubs provide free training and resources on using computers and information technology.

- <http://www.seniorservicesguide.com.au/list/Activities/australia/wa/city+of+vincent+lg/perth>

EXPLORE THE CITY'S DIVERSE PRECINCTS

Perth is filled with diverse suburbs and hubs, each with their own unique atmosphere and attractions.⁴ For example Wolf Lane is home to a range of charming cafes, bars, and boutiques, making it an ideal place for a relaxing afternoon out. Other precincts to explore include Subiaco in Leederville with its vintage and antique shops, or Northbridge for some shopping and cafes.

- <http://www.seniorswotodo.com/home/queensland-4/new-south-wales/sydney/south-coast/blue-mountains/snowy-mountains/heart-of-country/outback/north-coast/north-coast-2/australia-capital-territory/victoria/south-australia/western-australia-1/experience-perth#TOC-Perth->

SPEND A DAY IN THE SEASIDE PORT OF FREMANTLE

Fremantle Harbour is just 30 minutes from the city centre.⁵ This atmospheric port is home to attractions such as the Arts Centre and the Old Courthouse. The Maritime Museum is a must-see, along with the Shipwreck Galleries. You can relax in one of the local pubs after your sightseeing or check out a craft brewery.

- https://www.virtualtourist.com/travel/Australia_and_Oceania/Australia/State_of_Western_Australia/Perth-1871231/Things_To_Do-Perth-TG-C-1.html

IMMERSE YOURSELF IN THE ARTS AT THE CULTURAL CENTRE

Perth's Cultural Centre is home to the Western Australian Museum, the Art Gallery of Western Australia, the Library and Information Service of Western Australia, the Perth Institute of Contemporary Arts and The Blue Room Theatre. There are plenty of exhibitions, performing arts, and galleries to immerse yourself in, and getting there is easy thanks to the close-by Perth Central Train Station. To find out what's on at the Cultural Centre, check out their website⁶ for more information.

- <http://www.mra.wa.gov.au/projects-and-places/perth-cultural-centre>

CONTRIBUTE TO WILDLIFE, PLANT, AND SCIENTIFIC STUDIES

If you enjoy bird watching or spotting wildlife you can contribute to large-scale studies through various programs. Birdlife Australia is always seeking volunteers⁷ for its bird conservation surveys, while ClimateWatch invites volunteers to help them identify⁸ certain plant or wildlife species – and all you need is a smartphone and the right app. Getting involved in citizen science projects such as these can keep you engaged with your community and keep your mind sharp.

- <http://www.birdlife.org.au/support-us/volunteer/>
- <http://www.climatewatch.org.au/get-involved>

GO SAILING

Perth is a great city for sailing, so if you've always wanted to try your hand at it maybe this is the right time to start! You can join a club or organise your own sailing group. For local clubs, there's the Royal Perth Yacht Club⁹ (which offers beginner's courses through its Discover Sailing Centre),¹⁰ Perth Dinghy Sailing Club and Royal Freshwater Bay Yacht Club,¹¹ among others.

- <http://www.rpyc.com.au/>

TAKE A DAY TRIP

If you like to get away for short trips every now and again, Perth has numerous sightseeing destinations in its surrounds.¹² Join a day-trip tour or organise your own with fellow seniors for an exciting day out:

- Rottneest Island – Just 19 kilometres from Perth and accessible by ferry or private boat, Rottneest Island¹³ seems a world away with its famously cute quokka, stunning beaches, coral reefs and amazing scenery.



- Swan Valley Vineyards – Home to more than 40 vineyards, Swan Valley is just 25 minutes from Perth. Cycle through the vineyards, join an upriver cruise, have a sneaky glass of wine and enjoy the scenery.
- The Mandurah Estuary and Peel Inlet – The Mandurah Estuary and Peel Inlet are just an hour’s drive from Perth, and their 155 square kilometres of waterways are a popular playground for boating and wildlife watching. You can hire a boat or join a cruise to see dolphins and watch birds before heading back to land for some delicious seafood, including river prawns and blue swimmer crabs.

- <http://www.australia.com/en/places/perth/top-10-things-to-do.html>
- https://www.tripadvisor.com.au/Attractions-g255103-Activities-Perth_Greater_Perth_Western_Australia.html

JOIN A LOCAL LEISURE ACTIVITY CENTRE

Joining a club introduces you to a whole new world of regular local activities and a new social group with other seniors. Many of Perth’s suburbs and regions are home to senior and/or leisure activity centres and RSL clubs that offer a range of activities for members. These include crafts, movies, exercise sessions, lunches, games and excursions. Excursions can include trips to markets, wineries, restaurants and plant nurseries.

- <http://www.seniorswotodo.com/home/queensland-4/new-south-wales/sydney/south-coast/blue-mountains/snowy-mountains/heart-of-country/outback/north-coast/north-coast-2/australia-capital-territory/victoria/south-australia/western-australia-1/experience-perth#TOC-Perth->

JOIN A COMMUNITY ORGANIZATION AND VOLUNTEER

If you’d like to contribute to your local community, why not check out what’s going on around you and start volunteering? From community care to local environmental initiatives, to fundraising and sports, there are many opportunities for volunteering in your local area. Volunteering is an excellent opportunity to stay active and engaged while giving back to your community.

- <https://www.dosomethingnearyou.com.au/6000/perth>

<http://www.seniors.com.au/news-insights/top-activities-for-seniors-in-perth>

COUNTRIES WITH THE ELDERLY POPULATION IN THE WORLD

The world is aging rather rapidly. However, there are a few countries, such as Japan and Italy, that stand out from among the rest, due to the immense proportions of their citizens over 65 years of age. According to the World Health Organization, nearly two billion people across the world are expected to be over 60 years old by 2050, a figure that’s more than triple what it was in 2000. Because of such increases in their aging populations, some of the world’s largest economies have started facing subsequent increases in their health-care costs, higher pension costs, and a decreasing proportion of their respective citizenries active in the workforce. In order to adapt to their increasingly aging populations, many countries have raised the retirement age, reduced pension benefits, and have started spending more on elderly care. We take a look at those countries which are particularly well-known for their rapidly rising numbers of aging citizens.



| Rank | Country | % of population over 65 years old |
|------|----------------|-----------------------------------|
| 1 | Japan | 26.3 % |
| 2 | Italy | 22.4 % |
| 3 | Greece | 21.4 % |
| 4 | Germany | 21.2 % |
| 5 | Portugal | 20.8 % |
| 6 | Finland | 20.5 % |
| 7 | Bulgaria | 20.0 % |
| 8 | Sweden | 19.9 % |
| 9 | Latvia | 19.4 % |
| 10 | Malta | 19.2 % |
| 11 | France | 19.1 % |
| 12 | Denmark | 19.0 % |
| 13 | Croatia | 18.9 % |
| 14 | Estonia | 18.8 % |
| 15 | Lithuania | 18.8 % |
| 16 | Spain | 18.8 % |
| 17 | Austria | 18.8 % |
| 18 | Belgium | 18.2 % |
| 19 | Netherlands | 18.2 % |
| 20 | Czech Republic | 18.1 % |
| 21 | Slovenia | 18.0 % |
| 22 | Switzerland | 18.0 % |
| 23 | Hungary | 17.8 % |
| 24 | United Kingdom | 17.8 % |
| 25 | Romania | 17.3 % |



ROLE OF PARENTS IN CAREER SELECTION



The parent of today is more than just an authority figure. He/she is a friend, philosopher and guide. With a more dynamic educational environment, wherein the children are taught to be independent and to take decision on their own, the parent's role diminishes. Involved parents know their children best, and along with vital information about new career paths and career choices, they can facilitate the process of career selection for them.

Life is like mathematics. To work out your life, you need formulae that suit your uniqueness. The same is true of a career. A well planned career is instrumental in a happy and satisfied life. Parents, having gone through this process, can prevent their children from making mistakes in selecting a career. Parents need to be facilitators, and not influence their choices.

There are a few factors that are of immense importance in the career selection process. It is very essential for a parent to understand and consider these factors while selecting career options.

Following are the most important factors:

Aptitude: The child's aptitude is a mirror of his personality, strengths and weaknesses. Hence a strategically designed aptitude test can reveal a lot of information regarding the student that can result in a well-informed career selection.

Interest: It is very difficult to spend your life working in a field that you are not interested in. Hence, the parent should look into the interests of their child and consider it while shortlisting career options.

Availability of the Course: The courses leading towards a desired career should be available and accessible easily, and should not burden the student.

Informed Decision over Herd Mentality: It is very easy for a child to get swayed by peer pressure into choosing a career that the majority

is opting for, rather than the one which is best for him/her. Sometimes, even the parent get attracted towards a career choice that is trendy and this ends up hampering the students' performance. Hence, a parent needs to be informed about all the career choices and choose the ones that are best for their child.

Scope: Career scope tells us about various fields and professions that are accessible after pursuing a particular course. The wider the scope, the better are the chances of finding the role that suits the child most.

Remuneration: Even if not the most important, remuneration of a career holds importance in one's life. Nobody likes to earn peanuts. The remuneration should match the child's aspirations and should enable a satisfied and comfortable life.

Career selection is a taxing-phase of life, not only for the student, but also for the parent. The stress among children multiplies when they feel the void of guidance. Children feel the need to express, and at times, parents can't understand this need; this increases the gap between a parent and the child. Listening with patience is the key to solving this issue. Provide your children with an atmosphere that motivates them to express themselves better. The child may be wrong, but as a parent, it's your responsibility to reason with them, rather than getting angry. Children are impulsive by nature. Keep a track of your child's changing interests, and recommend career options that match their interests. Demotivation might have a negative impact on the child's mental health, and hence, rather than rejecting all the ideas of the child, you can work together in gathering information regarding a career choice, and then help the child in deciding whether it is suitable or not.

Courtesy: idreamcareer.com

15 TIPS FOR BEING MORE POSITIVE

1. Listen to music that gives off the same mood you want to be in. Consider both the tone and type of music and also whether it brings back positive memories from the past. Music is indescribably powerful and using its voodoo magic to brighten up my day has always helped me immensely.

2. Eat healthy. Recently, I've been eating healthier and drinking a lot of smoothies packed with nutrients and veggies. I can't think of anything else to describe my recent mood besides blissful. It is honestly almost odd. I just feel really great each and every day.

3. Make a sunshine file or box. Often times, when people send me kind messages or letters, I save them as a screenshot, either in a file on my computer or in a box in my house. Besides the fact that I'm a hoarder collector, these messages are dear to me during times when I'm struggling or feel like I don't matter to the world (we've all been there, right?).

4. Surround yourself with positive influences. Find people who believe in you and your dreams. Seek out others who make your spirit feel full and lifted. The other people who bring you down? Decide for yourself if they really have a place in your life. If they don't, have the courage to move on. For the record, anyone who makes you feel like crap about yourself does not have a place in your life.

5. Practice positivity. By this, I'm talking about actively weaving positive activities into your life to little by little, change your mindset. Just the way a photographer eventually starts seeing the world in pictures, there are things we can all do to eventually see the world in a positive light.

6. Set goals. Having goals to work towards can make us more positive. When we feel stagnant and unconfident, it's a lot easier to see the bad parts of life. Start small, and remind yourself of all the great things you can accomplish. We love goals here at TNC and, have quite an archive of posts on goal-setting, if you're interested.

7. Challenge negative thoughts with positive ones. Negative thoughts are the very foundation of negativity and they can seem hard to avoid or erase. But negativity is all about mindset and mindset is all about creating habits. Whenever you think something negative, try to search for the bright side of the situation. Eventually it will feel like second nature. Also, this article is a wonderful resource for getting started and for understanding what positivity is in general.

8. Smile. Simple enough, right? There are actually studies that have proven that just cheesin' it up can make you happier and more optimistic.



9. Get a pet. I know this tip isn't for everyone, but getting a dog recently has done wonders for my sense of purpose and happiness. It is amazing what taking care of another being can do for ourselves.

10. Share your issues. Letting your struggles bottle up inside is just a breakdown waiting to happen. If we share our hardships, we can receive encouragement from others that will help us re-focus on our strength, courage, and perseverance. This can be in a variety of ways, from calling a friend to writing a heart-felt blog post.

11. Make your home a positive place to be. I mean, who feels inspired by hospital colored walls and a dirty kitchen? Try adding quotes that inspire you or little pick-me-up messages around your house. Coming home to a house that welcomes me with inspiration is like walking into the arms of a friend who squeezes you tight and reminds you how special you truly are. In case you're up for a DIY challenge, you might like this positivity garland I made last month. It's currently adorning my walls and reminds me of the nectar of life each time I see it.

12. Ask yourself – does this really matter? Usually when I find myself being negative, it's over trivial things that won't stand a chance in my long-term memory. So why do I let them get to me in the moment? Beats me! When my problems are trivial, I do my best to remind myself that they're not important. And then I move on.

13. Encourage others. Studies have proven that a lot of our happiness comes from making other people happy (but did you really need a study to tell you that?). If we build positive relationships and motivate other people, we feel good about ourselves, which builds confidence and leads to a positive perspective. Not to mention, it makes other people feel like the unique, special beings they are. Talk about a win-win!

14. Focus on the problems in your life. Well, kind of. What I really mean is that in order to be truly positive, we need to shed our negative skin instead of suppressing it. Sometimes, it's best to recognize the negativity pervading our life, admit it, and then decide that it no longer has a place in our lives. Often, recognizing the problem is a vital part of the solution.

15. Remember, it's all you. I recently quit a job that brought out the absolute worst in me. I was depressed, negative, and kept telling myself, this isn't you. I don't really know who I thought it was, because it was most certainly me being rude and angry. It was later that I realized, it's all me - the good and the bad. But that doesn't mean it has to be all me, all the time. I still have a choice whether I want to choose positivity or negativity, kindness or anger. I always have a choice. And guess what? So do you.

by MELYSSA GRIFFIN



positive partnerships

Working together to support school-aged students on the autism spectrum

Resources

to support Culturally and Linguistically Diverse Communities.

Resources are available in multiple languages.



- ✓ Translated fact sheets
- ✓ Myths and facts about autism
- ✓ What is autism information sheet
- ✓ Partnership planning template
- ✓ Visual planning matrix
- ✓ Animated resources
- ✓ Developmental checklist
- ✓ Film clips of family stories
- ✓ Guide to who can help
- ✓ Guide to using visuals

positivepartnerships.com.au

The Positive Partnerships initiative is funded by the Australian Government Department of Education and Training through the Helping Children with Autism Package. The views expressed in this publication do not necessarily represent the views of the Australian Government or the Australian Government Department of Education and Training.





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FROM **\$230** PER WEEK

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Exciting news for first home buyers...

The FHOG is a cash subsidy that you can use towards building your new home. Need a free financial boost to help you into your first home? Well this could be the answer – talk to us today to see if you qualify!

First home buyers, this is the year for you! For a limited time, the First Home Owner Grant has been boosted to \$15,000*. And the timing couldn't get any better, with the lowest interest rates in Australian history, no stamp duty and new improved Keystart criteria! WA HOUSING CENTRE SPECIALISE AND HAVE ASSISTED MANY WEST AUSTRALIAN MIGRANTS AND LOW INCOME EARNERS BUILD THEIR OWN HOME.

ON AVERAGE A FAMILY RENTING IN PERTH WILL BE PAYING ANYWHERE BETWEEN \$18000.00 TO \$20000.00 A YEAR IN RENT.

THIS MONEY COULD TO BE PUT TO BETTER USE BACK INTO A HOME OF YOUR OWN.

WA HOME CENTRE ASSIST WITH THE GOVERNMENTS FIRT HOME OWNERS GRANT CURRENTLY UP TO \$15000.00 FOR ELIGIBLE APPLICANTS.

DON'T WAIT, START BUILDING YOUR DREAM HOME NOW.

If you would like more information please contact John Peters
22 Mount Street, Perth 6000

ph: 9216 1116 mob: 0477 740 420 email: johnp@bgcresidential.com

multi-traditional cuisine



hand painting



Lion



dance



various dances and songs



bouncy castle

face painting



children's entertainment



AAA MULTICULTURAL FOOD FAIR and DANCE

TO CELEBRATE HARMONY WEEK 2017

SUNDAY 19th MARCH
10.30am - 3.00pm

At the HYDE PARK (William Street, Perth)

Supported by Office of Multicultural Interests (OMI)
and Community Arts and Network of WA (CANWA)



Office of Multicultural Interests

CAN



For further information contact Yam KC, Youth Coordinator on
(08) 93281160 or youth.coordinator@aaawa.org.au