



*Serving the Community since 1956*

Published by the Australian Asian Association of WA Inc.

The Australian Asian Association of WA Inc  
**60 YEARS**  
ANNIVERSARY  
**CELEBRATION**  
26TH NOVEMBER 2016  
7.30PM - 11.45PM  
VENUE:  
AUSTRALIA ASIA HOUSE  
275 STIRLING STREET, PERTH 6000  
MUSIC DE JA VU CABARET BAND  
TICKETS - \$40 (WITH DINNER)

For further information please contact us on 08 9328 6202 and 08 9228 4696 or email to [Youth.Coordinator@aaawa.org.au](mailto:Youth.Coordinator@aaawa.org.au)

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Dictionary

**FREE ENGLISH LANGUAGE CLASSES**  
at the Australian Asian Association  
Monday to Friday  
at the  
AAA Committee Room

Classes in Reading, Writing, Listening and Speaking to improve your confidence and access employment.

For more information contact Yam KC, Youth Coordinator on (08) 9328 1160

# SERVICES AVAILABLE FOR THE COMMUNITY

## TRIPLE A CARE:

### HOME AND CARE PACKAGES (HCP)

Funded by Department of Health and Ageing.

Contact Manil De Mel

HCP Coordinator on (08) 9328 3435

Office Hours:

Monday, Wednesday and Friday

9:00am to 5:00pm

### HOME AND COMMUNITY CARE PROGRAMME (HACC)

Funded by Department of Health (State).

Contact Dushyanthi Fernando

HACC Coordinator on

(08) 9328 7688



## EMERGENCY RELIEF:

Funded by Lotterywest and Department of Family and Community Services.

Available to those who find themselves in a crisis situation.

● AAA Perth 275 Stirling St, Perth  
(08) 9328 6202

● AAA Gosnells Community Lotteries House  
Suite 3/2232C Albany Hwy, Gosnells  
(08) 9300 9156

Office Hours:

Tuesday and Thursday

9:30am to 12:30pm



## FACILITIES at AUSTRALIA ASIA HOUSE 275 Stirling Street, Perth 6000

### HALLS AVAILABLE

#### The Main Hall

seating capacity 200-250 people

- Stage
- Kitchen - Drinks, Fridge, Microwave
- Reverse cycle air conditioning
- Public Address System complete with music system
- Overhead Projector and Wide Screen
- 18 tables and 250 chairs

#### The Lesser Hall

seating capacity 40-60 people

- Wall mounted white board
- Reverse cycle air conditioning
- Tea making facilities/fridge
- 10 tables and 60 chairs

**Committee Room** seating capacity up to 14 people (for members only).

**FOR BOOKINGS AND INFORMATION CONTACT (08) 9328 1160**




## PRINTING AND PHOTOCOPYING FACILITIES

	<b>Colour A4</b>			<b>Black and White A4</b>	
	<b>Members</b>	- 50 c		<b>Members</b>	- 10 c
	<b>Non Members</b>	- 70 c		<b>Non Members</b>	- 15 c

Customise and Print your Newsletters, Flyers, Posters and Pamphlets in Colour or Black and White.

LAMINATING AND SCANNING SERVICES ARE ALSO AVAILABLE!!!

## AAA NEWSLETTER ADVERTISING COST PER ISSUE

	<b>\$ 100 - FULL A4</b>
	<b>\$ 50 - 1/2 A4</b>
	<b>\$ 25 - 1/4 A4</b>

FOR FURTHER DETAILS AND TO BOOK YOUR PRINTING TIME

**CONTACT (08) 9328 6202**

## President's Message



*Dear members and friends*

*We have come to the end of another year and feel confident that it has been a progressive and successful year. We will be having our annual general meeting on Friday the 28th October 2016 and encourage you to attend and contribute with new ideas and suggestions.*

*The Australian Asian Association has grown from humble beginnings and has moved from Silver to Gold. We now feel proud and enriched to celebrate with you the members, our **Diamond anniversary on the 26th of November 2016**. Details of the function are included in this issue. Please get your tickets to join us on this memorable occasion. As I look back on the many years gone by, of AAA in operation, I thank the many Presidents, members of the Board, and well-wishers of the association who have worked tirelessly to bring us to the prestigious position in the community that we have now achieved.*

*I wish to place on record the 30 years of dedicated service given to us by our former CEO Mrs Olga Ramasamy who has worked tirelessly to establish and coordinate the various programmes at AAA. Thank you Olga.*

*I also take this opportunity to inform you that Mr Romello Anandappah as been appointed General Manager of AAA from July 2016. I wish him all the best in this position and look forward to collaborate and work with him to achieve our goals. I thank Mr Francis Wilathgamuwa for his contribution as Treasurer on the Executive committee.*

*I look forward to seeing you at our Diamond Jubilee celebrations and please get your tickets from the Office.*

*Thank you and God bless you all.*

*Yours sincerely*  
**Marlene Burnaby**  
*President*







# Triple A Care

The Australian Asian Association of WA Inc

## CLIENT SURVEY - Centre Based Day Care Programme

In August 2016, Triple A Care - HACC conducted two surveys/questionnaires with clients who attend the Centre Base Day Care Centres in Perth and Canning Vale to gauge their satisfaction level on the various aspects of the programme and encouraged suggestions and feedback on areas needing improvement.

We received a response rate of 100%. In summarising 96% clients complemented the program mentioning that it was well organised and that they enjoyed it. Of these clients 69% strongly agreed that the programme was well organised.

### CONGRATULATIONS!

*Triple A Care congratulates Mr Romello Anandappa on his appointment as General Manager of the Australian Asian Association. Romello has served Triple A Care with dedication and commitment for the past 12 years and done an excellent job. We wish Romello continued success in his career and God's choicest blessings.*



Three clients suggested a change in the menu which was taken into consideration and implemented last week.

More outings were suggested during the spring season and resulted in trips to Araluen Botanical Park and to Crown for lunch.

It is evident from the findings of the survey that there has been a major improvement in the number of clients who strongly agree that the activities organised are interesting, enjoyable and suited to individual/group needs and are extremely happy with the program and look forward to enjoying the weekly social interaction.

Triple A Care Centre Base clients enjoyed an outing to the Crown Casino where they enjoyed a delicious buffet lunch and spent time socialising and interacting with one another.



Earlier this year Triple A Care CBDC clients celebrated a cultural event. It commenced with the lighting of the traditional oil lamp and HACC clients from the different ethnic communities offering prayers followed by a special meal.





Triple A Care Centre Base clients enjoyed a picnic lunch at the Araluen Botanical Park. They spent time walking around enjoying the glorious weather, the beautiful tulips and posing for pictures!



### STAFF LUNCHEON

Triple A Care hosted a luncheon for the staff in appreciation of the excellent services provided to our clients in the community. We have received great feedback from our clients. We encourage you to keep up the good work!



### National Carers Week 16th - 22nd October, 2016

In celebration of the National Carers Week Triple A Care will host a morning tea by invitation for client Carers in recognition and acknowledgement of their role and the valuable contribution they make. A guest speaker from Carers WA will make a presentation/ address the gathering.

Triple A Care recognises and supports people with disabilities. We offer the same opportunities to those with and without disabilities. We use a person centred approach to Plan and deliver quality services. Our Day Centre is on the ground floor and easily accessible for people with disabilities. Our clients and their carers are given the opportunity to provide feedback regarding our services.

Information regarding our services is available on [www.aawa.org.au](http://www.aawa.org.au)





# RECFISHWEST - ABALONE AND ROCK FISHING SAFETY NIGHT



Recfishwest has received a grant from the City of Gosnells to hold an information evening for people that may be new to Australia and aren't aware of the potential dangers in fishing. We have identified that there is a knowledge gap with people from these communities and we want to help.

Recfishwest is the peak body for recreational fishers in WA. We want to bridge the gap and offer our knowledge and support in the safety space. We are aware that we cannot reach everyone by only holding an information session in Gosnells, but given that we have the funding from the city, it is the perfect opportunity to make a model that we can use in the future.

We would love to be able to help people that are new to Australia and fishing to reduce the incidents and fatalities that happen in the abalone and rock fishing space. Unfortunately in WA, statistics show that people that are new to Australia and are from different backgrounds are more often involved fishing accidents. We feel the information night is necessary to improve education and awareness amongst communities that may not be fully aware of the dangers of fishing on the West Australian coast. Fishing is a popular pastime, not only Australia but all over the world and we want people to be to enjoy themselves safely.

Recfishwest has previously done some work with the Albany Migrant Resource Centre, where two of our staff members discussed all things safety and fishing. The participants were new to speaking English, so the centre provided an interpreter over the phone and the workshop ran really well and gave us confidence in what we wanted to do back in Perth.

We also sell, what we believe to be the best life jackets for fishing (see attached). They are called Crewsaver Sport 165. These jackets do not impact your fishing experiences in any way. We sell them for the cheapest retail in the country, and all proceeds go back into initiatives like this safety night, and safety equipment for all around the state. We can make them available at an even more reduced rate for participants on the night if you think that is something they would be interested in.

If you would like to see some of the work we do you can visit the following websites:

- [www.recfishwest.org.au](http://www.recfishwest.org.au)
- [www.ilovefishnig.com.au](http://www.ilovefishnig.com.au)
- [www.fishandsurvive.org.au](http://www.fishandsurvive.org.au)
- [www.fishandsurvive.com.au](http://www.fishandsurvive.com.au)

We also have an app, simply type in Recfishwest either on the App store or Google Play.

Looking forward to hearing from you, thank you again for your help.

**Bronte Nardi**  
Community Engagement Officer  
0439 937 935



## Who dresses ELIZA THE STATUE?

It is a Perth truth universally acknowledged that every time you drive or ride down Mounts Bay Road, you must see what outfit Eliza is wearing today.

Will she be in a fancy cocktail dress? Will she be wearing the scarf of a local footy team? Will she have been squeezed into a private school blazer? Or (gasp) will she be au naturel in her in her natural (bronze) bathing suit.

Sculpted by local artist Tony Jones and unveiled in 2007, at 2.2 metres tall Eliza stands well above the height of the average women. Her majestic bulk makes her eclectic wardrobe even more astonishing – given that there is a prankster or pranksters - who manage to find so many outfits to fit her, and stretch over her magnificent outstretched arms.

An article on the ABC in 2010 quotes the sculptor as saying he was appalled the first time he saw Eliza dressed up, but he has since come around. “As long as the dressing up doesn’t stay there for weeks and weeks. I think that’s important, and the other thing is that it’s not vandalised or damaged and that doesn’t seem to happen,” he said to journalist Clair Nichols.

Over the years I have seen Eliza in outfits ranging from full cocktail gowns, football colours, school uniforms, Santa outfits, jockey outfits, scary Halloween costumes, flags, wedding dresses and modern day bathing costumes. Once she had a bike strapped to her, another time a surfboard.

Sometimes the outfits stay a few days, sometimes they are gone overnight. Apparently the City of Perth keep a close eye and quickly remove anything too inappropriate.

I have always wondered who dresses Eliza. Situated fifteen metres off shore, any would-be stylist would require a boat or at least be a confident swimmer with a keen sense of adventure.

There is no parking anywhere near by on Mounts Bay Road, so you wouldn’t be able to stop the car and jump out to do a quick makeover. There is also an almost constant flow of traffic, meaning you



would have to be a very surreptitious stylist.

It is generally assumed that the pranksters tend to be local school and university students, and as far as I can tell, no one has come publicly forward to claim responsibility for an outfit or two. It could be many hundreds of people, using Eliza as a way of celebrating major events (Melbourne Cup, Christmas) and personal milestones (weddings and birthdays).

Often Eliza’s outfit is merely a sign wishing someone good luck or a happy birthday or protesting about a timely political issue.

What is your favourite outfit of Eliza?

Do you know anything about the people who style her in the night?

**Shannon Meyerkort**

CITY OF SWAN LIBRARIES MIDLAND

### JOIN US FOR SOCIAL ENGLISH

- Practice English conversation
- Talk about a wide range of topics
- Suggestions welcome
- Friendly atmosphere
- No pre-requisites
- Every Saturday during the school year starting 1.00pm
- Tea and coffee available
- BYO lunch, if you wish

**Date:** Every Saturday, during the school year

**Time:** 1.00pm - 2.30pm

**Venue:** Midland Public Library

**Phone:** 9267 9020

Midland Public Library  
45 Helena Street  
Midland WA 6056 | 9267 9020  
midland.library@swan.wa.gov.au  
www.swan.wa.gov.au/library







# MIGRANTS IN AUSTRALIA - PERTH

Migration is an important contributor to Australia's growing population. Since 2006, net overseas migration to Australia has contributed more to Australian population growth each year than growth through natural increase. The majority of migrants coming to Australia can choose to live anywhere, from the bustling city of Sydney to the remote mining towns of Western Australia, although government policies and programs may influence their destination.

Perth is an increasingly important site of migrant settlement in Australia. Between the 2001 and 2011 Censuses, the number of migrants living in Perth grew 51%, higher than the growth seen in either Sydney (24%) or Melbourne (31%) during the same period.

Perth suburbs with large concentrations of overseas-born populations were located near the city centre, to the south-east, and to the city's far north. In the city centre, this included Northbridge (68%), Perth CBD (57%), and East Perth (61%) where more than half of residents were born overseas.

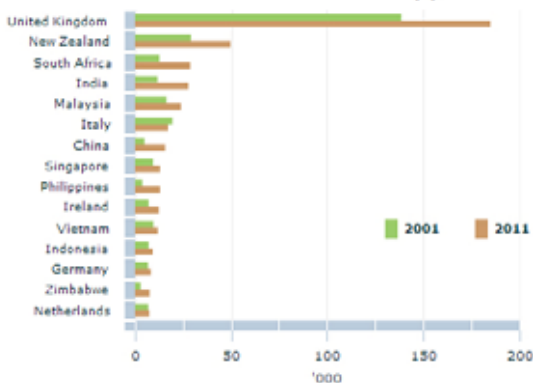
In the city's south east, suburbs with large migrant populations included Bentley (62%), Cannington (61%), Karawara (57%) and Queens Park (55%). The large population of migrants found in Karawara and Bentley reflect the fact these suburbs host student accommodation for Curtin university. In 2011, almost one in four residents of these suburbs was an international student attending University, TAFE, or other further education institution in Australia.

To the far north of the city, growing populations of migrants were seen in newly developed beachside suburbs. More than half of all residents in Jindalee (62%), Mindarie (55%) and Iluka (54%) were overseas-born.

Other suburbs with large overseas-born populations included Crawley (62%) which hosts the University of Western Australia, and Glendalough (56%) to the north-west of the city.

## Who are Perth's largest migrant groups?

MIGRANTS IN PERTH BY COUNTRY OF BIRTH(a) - 2001 AND 2011



## Patterns of settlement in Perth by country of birth

### THE UNITED KINGDOM

Around one in every eight residents of Perth was born in the UK (12% or 184,000 people). This is the largest

overseas-born population group living in Perth by quite a margin, and the largest overseas-born population group found in any capital city in Australia.

While migrants born in the UK were spread across the city, they were prominently found in the northern suburbs. Seventeen of the twenty Perth suburbs with the largest concentrations of UK-born migrants were in the area to Perth's north, including Jindalee (43%), Mindarie (34%), and Connolly (33%).

Southern coastal suburbs also had large proportions of UK-born migrants. One in four residents in Secret Harbour (26%), East Rockingham (26%), and Calista (24%) were UK-born in 2011.

### NEW ZEALAND, SOUTH AFRICA AND INDIA

As with Sydney and Melbourne, migrants born in New Zealand were spread across a number of suburbs in Perth. Suburbs with the largest proportion of persons born in New Zealand included Leda (8%) and Cockburn Central (7%) to the city's south, and Midvale (7%) to the east.

South African-born migrants were similar to Perth's UK-born migrants in that they were concentrated in suburbs to the city's north. This included the Joondalup suburbs of Jindalee (9%), Iluka (8%), Burns Beach and Mindarie (both 7%). While the populous Perth suburbs of Canning Vale, Dianella and Duncraig had the largest South African-born communities in terms of numbers (around 1,100, 900 and 600 people respectively), as a proportion they were only about 4%.

Migrants born in India tended to live in suburbs in Perth's inner north-west, including Glendalough (15%) and Osborne Park (9%). Cannington in the inner south east also had a large Indian-born population (8%).

### MALAYSIA, CHINA AND VIETNAM

A number of Asian nations contributed to Perth's population. For migrants born in Malaysia, suburbs with relatively large proportions were found to the south east of the city. This included Karawara (11%) and Bentley (10%) near Curtin university. These suburbs also had high proportions of people born in China (accounting for 7% of the population of both suburbs), while one in ten residents of Crawley (10%), another university suburb, was Chinese-born.

Migrants born in Vietnam were most strongly concentrated in Mirrabooka (9%) and Marangaroo (8%) in the city's north.

<http://www.abs.gov.au/ausstats/abs@.nsf/Lookup/4102.0main+features102014>





**Perth Food and Wine Expo**

**14 October to 16 October**

The Food & Wine Expo is excited to bring gourmet food, exquisite wines and celebrity chefs to Perth for the second year running!

Enjoy FREE tastings and samples from over 130 gourmet exhibitors inside the show. Businesses in all areas of food, wines, homewares and kitchenware come together to show you the latest products and ideas for you to try at home.

**Bookings**

Tickets available door or online via EventBrite  
<https://www.eventbrite.com.au/e/perth-food-wine-expo-2016-tickets-19072345900>

**Venue**

Level 1 Pavilion 2 and 3

**Opening Hours**

Friday 11am to 8pm  
 Saturday 10am to 6pm  
 Sunday 10am to 5pm

**Admission Price**

Prices start from \$25.00

**Contact:** Najib Nohra

Email: [najib@ctmevents.com.au](mailto:najib@ctmevents.com.au)  
 Website: <http://www.foodandwineexpo.com.au>  
 Phone: 07 5538 7118  
 Mobile number: 0410 622 851



**23rd Belmont and Western Australian Small Business Awards 2016**

**26 October 2016**

The Belmont Business Enterprise Centre has been co-ordinating the local and state wide business awards since 1994 and are dedicated to small and growing businesses that are looking to build their profile and brand awareness. The Awards offer an opportunity for businesses to promote themselves and evaluate their business from a variety of perspectives.

Businesses wishing to enter the awards can access Free Information Sessions on 'How to Prepare Award Submissions, Free Award Entry Kits and Submission Mentors.

The final "Night of Stars" event when the winners will be announced will be held 6pm October 26th in the Ballroom of the Perth Exhibition and Convention Centre.

**Bookings**

Book your seat online.  
<http://belmontbec.com/23rd-belmont-western-australian-small-business-awards-2016-presentation-evening/>

**Venue**

Level 3, BelleVue Ballroom 2

**Opening Hours**

Starts 6.00pm

**Admission Price**

Tickets \$99 Tables of 10: \$965

**Contact:** Carol Hanlon

Email: [awards@belmontbec.com](mailto:awards@belmontbec.com)  
 Website: <http://www.belmontbec.com/awards>  
 Phone: 08 9479 3777  
 Mobile number: 0433 349 521



**David Bowie: A Tribute with WASO**

**10 November to 11 November**

Presented by: West Australian Symphony Orchestra

On 10 January 2016, the world lost an icon and artist that spanned generations. To celebrate the legacy of David Bowie, Australian music industry greats, along with the West Australian Symphony Orchestra, will perform your favourite Bowie hits.

Join iOTA, Tim Rogers, Steve Kilbey, Deborah Conway and Adalita as they perform Changes, China Girl, Life on Mars, Rebel Rebel, Let's Dance, Starman and many more.

Don't miss this tribute to David Bowie, in full symphonic surround sound, as we remember the man and his music that lives on.

**Bookings**

Tickets available from Ticketek  
<http://premier.ticketek.com.au/shows/Show.aspx?sh=DAVIDBOW16>

**Venue**

Riverside Theatre

**Opening Hours**

Box Office: 6pm  
 Act 1: 8pm  
 Interval: 8.50pm  
 Act 2: 9.15pm  
 Approx End: 10.20pm

**Admission Price**

Premium: \$121.32  
 A Reserve \$100.93  
 B Reserve \$80.54  
 C Reserve \$60.15

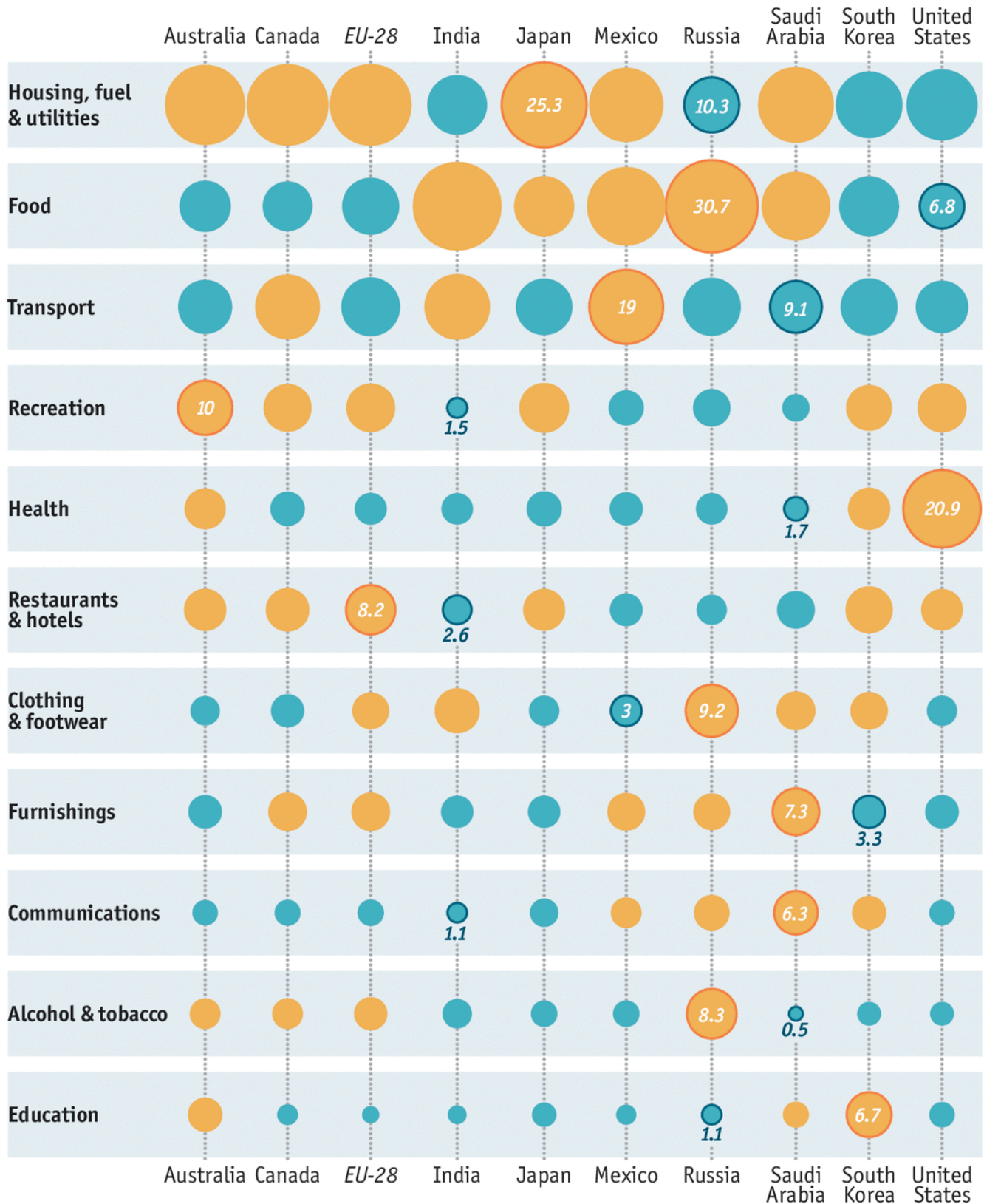


# HOW DO PEOPLE IN DIFFERENT COUNTRIES SPEND THEIR MONEY?

## How they spend it

Household spending\*, % of total, 2013 or latest, includes taxes

Within category ● highest spend ● above average ● below average ● lowest spend



Source: Eurostat

\*Categories exclude miscellaneous spending



# OZ COUNSELLING & PSYCHOLOGICAL SERVICES



**OZ COUNSELLING & PSYCHOLOGICAL SERVICES** is committed to providing the highest quality of psychological services within friendly, confidential, non-judgmental, safe and welcoming environment. Our practitioner is extensively trained in evidence based treatment methods of both Eastern and Western approaches. **We provide Evidence-based practice (EBP) by integration of the best available research with clinical expertise in the context of patient individualistic needs, culture, circumstances, goals and preferences.** We are now taking referrals to our clinic.

We provide extra psychological consultations, if and when required, on Pro Bono bases over and above the 10 Medicare sessions under the Mental Health Care Plan. This is to help out the most disadvantaged and vulnerable people in our community who cannot afford psychological treatments and suffer without getting any treatment.

## CLINIC MISSION

- To work for humanity on not for profit principals.
- The Psychological wellbeing of the client is our focus and is paramount to us.

## WE PROVIDE:

- Home Visits
- Medicare items are bulked billed on the spot
- Open 7 days per week 8:00 am to 8:00 pm
- Same day appointments may be possible for urgent cases
- Multicultural focused services, provided in English, Punjabi, Hindi, Urdu and Bengali
- Telephone, Skype, Viber, Face time, Line and WhatsApp consultations available

## SERVICES OFFERED

**Evidence based method used:** After establishing a baseline measurement of well-being, mood and psychological condition, our therapist uses a variety of techniques and therapies. We provide a wide range of psychological help in many areas such as below:

- Trauma Counselling
- Student Counselling
- Taxi Driver Counselling
- Family and Relationships
- Psychological Counselling
- Mindfulness & Relaxation
- Employee Assistance Program
- Migrant & Refugee Counselling
- Motor Vehicle Accident Counselling

ECOFRIENDLY, PAPERLESS PSYCHOLOGICAL PRACTICE NO FAX, EMAIL ONLY



OZ COUNSELLING & PSYCHOLOGICAL SERVICES

Website: [www.ozpsychologist.com.au](http://www.ozpsychologist.com.au)

Telephone: (08) 93784465

Email: [admin@ozpsychologist.com.au](mailto:admin@ozpsychologist.com.au)

Culturally focused services in English, Hindi, Punjabi, Urdu and Bengali.



THE AUSTRALIAN  
ASIAN ASSOCIATION OF WA, INC.

# Christmas Party

**Sunday 4th December 2016**

**11:30am to 2:30pm**  
at

Australia Asia House  
275 Stirling Street, PERTH 6000

**Light entertainment for children**

**Sherry and Soft Drinks**

**Traditional Christmas Meal**

**Carol Singing**

**Santa for the Kids!!!**



**Cost \$10**

**Children under 12 years FREE**

**BRING A WRAPPED GIFT FOR YOUR CHILD**

Please call us if you are joining by 25th November 2016  
Ph: 08 9328 1160 Email: [Youth.Coordinator@aaawa.org.au](mailto:Youth.Coordinator@aaawa.org.au)