

Triple A Care recognises the importance of carers and their role and uphold the Charter of Rights and Responsibilities.

1. Carers must be treated with respect and dignity
2. The role of carers must be recognised by including carers in the assessment, planning, delivery and review of services that impact on them and the role of carers.
3. The views and needs of carers must be taken into account along with the views, needs and best interests of people receiving care when decisions are made that impact on carers and the role of carers.
4. Complaints made by carers in relation to services that impact on them and the role of carers must be given due attention and consideration.

## Eligibility

To access CHSP Services through Triple A Care, you need to contact MyAgedCare on 1800 200 422 and request an assessment for CHSP services. Also inform them that you need your services through Triple A Care.

Please call Dushy on 9328 7688 for further information.

Fees are charged for CHSP services provided according to the CHSP Fee schedule and are based on your level of income.

## Triple A Care

Australian Asian Association  
275 Stirling Street  
Perth WA 6000

PO BOX 8013  
Stirling Street Perth 6849

Please contact Dushyanthi Fernando  
or Romello Anandappa  
for further information.

Telephone: (08) 08 9328 7688

Email: [coordinator.services@aaawa.org.au](mailto:coordinator.services@aaawa.org.au)

Website: [aaawa.org.au](http://aaawa.org.au)



## Australian Asian Association

Commonwealth Home Support Programme (CHSP)

Tel: 9328 7688

## Triple A Care Commonwealth Home Support Programme (CHSP)

provides services to older and/or frail people and those with a disability to be supported to remain independently in their homes.



Our services are provided with dedication, respect and compassion within a Wellness Framework that encourages people to maintain or regain lost skills.

We also offer services to Carers of older and/or frail persons or those with disabilities.

### The Services offered are as follows:

#### Domestic Assistance

Support with everyday house hold tasks such as cleaning, meal preparation, laundry and bed linen change.

#### Personal Care

Assistance with self care tasks such as showering, dressing, toileting and grooming.



#### In Home Respite Care

This service enables the carer to take some time off from the role of caring while the support worker provides company to the client.

#### Social Support

Within the home or to access the community for shopping, for a coffee, paying of bills etc.

#### Social Support Group Outings

Support to access the community in small or larger groups to maintain social contact and interaction as well as participation in community activities/outings.



## Group Social Activities

are organised to promote emotional well being, social interaction, physical activity and cognitive stimulation on the following days:

- Tuesday - Middle Eastern Community
- Wednesday - South East Asian Community
- Thursday - Spanish Speaking Community
- Sikh Community

Clients are encouraged to participate in indoor and outdoor activities such as art and craft, bingo/board games, physical activities such as exercises, dancing and outings to places of interest. Guest speakers are invited to address the clients and for group discussions. Arrangements are made for morning tea and meal to be provided.

Triple A Care recognises and supports people with disabilities. We offer the same opportunities to those with and without disabilities. We use a person centred approach to Plan and deliver quality services. Our Day Centre is on the ground floor and easily accessible for people with disabilities. Our clients and their carers are given the opportunity to provide feedback regarding our services

Information regarding our services is available on [www.aaawa.org.au](http://www.aaawa.org.au)