



Home Care Packages

For most people, living safely and independently at home for as long as possible is what they long for. However, this might only be possible through additional help and support with daily tasks, that are no longer safe or easy to perform on their own.

At Triple A Care we offer a range of home care and community services that can help you enjoy a better quality of life and remain independent at home. By talking to you about your goals, needs and preferences, we can work with you to identify the services and supports that best suit your needs. This may include government subsidised programs or private services.

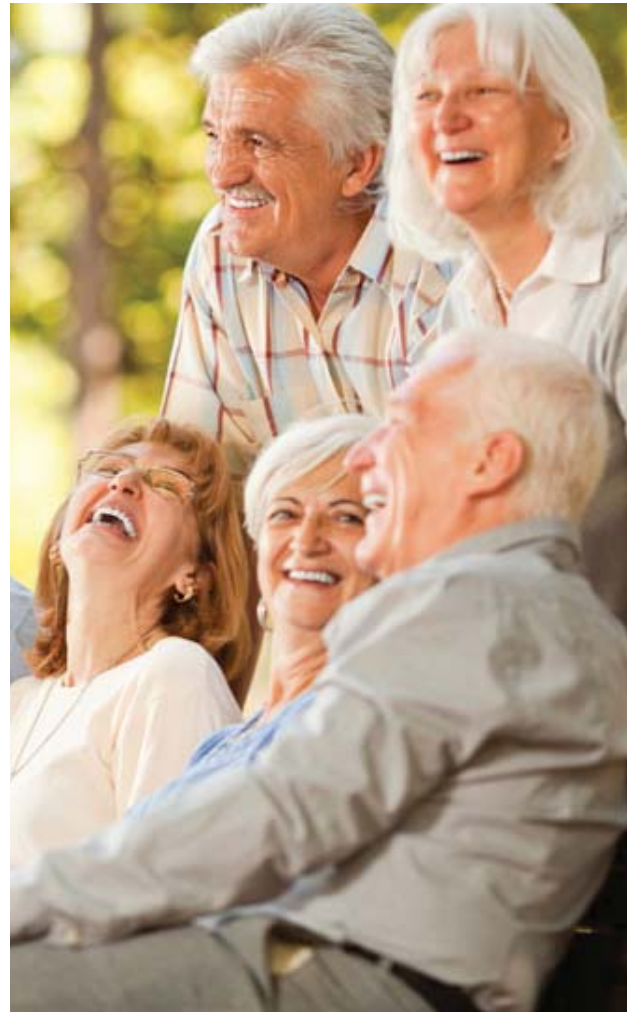
If you want to remain at home for as long as possible, a Home Care Package may allow you to do just that.

Home Care Packages

A Home Care Package is a financial support provided to older people by the Australian Government. This package helps you obtain the necessary care to meet your goals and needs. Service types available will depend on your needs and by working in partnership with Triple A Care, we can help you identify the best way to deliver the care and services you required so that you can live a more active and independent life.

There are four levels of packages ranging from a Level 1 package which provides basic services, through to a Level 4 package which supports high care needs. We are able to provide you Home Care from Level 1 to Level 4. The care is as follows:

- **Home Help** - domestic cleaning, laundry, meal preparation
- **Personal Care** - showering, grooming, dressing
- **Personal Affairs** - to assist in paying bills and to handle documentation
- **Social Support** - to do grocery shopping, to attend doctor's/medical appointment and for Hospital visits
- **Gardening** - light gardening work



Since 1st July 2015, all Home Care Packages have been delivered on a Consumer Directed Care (CDC) basis. Under CDC, you will have greater choice, understanding and participation in your own care. Additionally, you and your care provider will partner in developing a care plan to address your needs and goals. You will have the opportunity to specify which services you would like to access, and exactly how and who delivers them to you. You will be able to control your budget for your Home Care Package.



Eligibility for a Home Care Package

Home Care Packages are available to people of all ages. There are no citizenship or residency conditions, however Home Care Packages are not designed for people who are visiting Australia or for short term or temporary care.

How to access a Home Care Package

Triple A Care has developed the following detailed steps as a guide to the process you will need to follow to access support through a Home Care Package:

- 1 Step 1 - Contact Triple A Care.** We understand that the process of accessing Home Care can be lengthy and challenging at times. We can work in partnership to guide you through the entire process to meet your needs.
- 2 Step 2 - Referral from GP.** Please contact your GP to get a referral for the Aged Care Assessment Team (ACAT).
- 3 Step 3 - ACAT Assessment.** You will require an assessment to evaluate your care needs. This will be conducted by the Aged Care Assessment Teams (ACAT) based at all the hospitals. Once the assessment is completed this will be lodged with Myagedcare and you will join the National System to have a Home Care Package assigned to you.
- 4 Step 4 - Call Myagedcare.** This is a service established by the Australian Government to help people navigate the aged care system and allows you to access home care support. Myagedcare can be contacted via phone on 1800 200 422 or using the internet at www.myagedcare.gov.au

5 Step 5 - Assigned Home Care Package. Once you have been assigned a Home Care Package you will receive a letter from Myagedcare confirming this.

6 Step 6 - Income Tested Fee. Home Care Packages are subsidised by the Australian Government, however people with higher incomes may be asked to pay a contribution to their service provider. This contribution will go towards the cost of your Home Care Package and will be in addition to the basic fee (capped at 17.5% of the single person rate of the basic Age Pension). You can check this with Centrelink.

7 Step 7 - Choose a provider. Once Home Care Package has been assigned to you, please contact Triple A Care to discuss your care needs.

8 Step 8 - Plan your package. Triple A Care can offer you a range of care options based on Home Care Levels 1 to 4 and set some specific life goals in collaboration with you and your family as part of your package.

9 Step 9 - Receive Home Care Assistance. Start benefiting and enjoying the services Triple A Care can offer you.

Call Triple A Care on 9328 3435 for more information and speak to the Coordinator - Manil De Mel.

Contact Triple A Care on

Telephone: (08) 9328 3435

Email: HCP.Coordinator@aaawa.org.au

Website: <http://www.aaawa.org.au/aged.html>