

Serving the Community since 1956

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Family Day 2013 for Community Groups with AAA

We arranged a Family Day at the Rise in Maylands for our community groups on the 20th October 13 from 1.30 pm to 4.30 pm. The Family Day was extended to groups from the Srilankan Tamil Community, Asian Community, Iranian Community, Spanish Community and the Russian Community. We had 80 participants at this Family Day. The main reason for arranging this Family Day was to have a diversionary program from the daily routine for these community groups and also educate them on Gambling Problems/Addictions. We arranged refreshments/lunch for all the participants and had information table on the Beyond Gambling project and we had an information talk given by Latha Raman from Centrecare. We also arranged a quiz on Gambling Issues for all the participants. We also arranged tables on information on Domestic Violence, Falls Prevention, Cancer, Hepatitis B and the AAA HACC and CACP Programs. See more pictures on page 7...

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275 STIRLING STREET, PERTH WA 6000 PO BOX 8013, STIRLING STREET, PERTH WA 6849

■ TELEPHONE: (08) 9328 6202 ■ FAX: (08) 9227 8410 ■ WEBSITE: www.aaawa.org.au

SERVICES AVAILABLE FOR THE COMMUNITY

IMMIGRATION:

Qualified Migrant Agent available for free consultations and assistance. Contact Olga Ramasamy on (08) 9328 6202

EMERGENCY RELIEF:

Funded by Lotterywest and Department of Family and Community Services.

Available to those who find themselves in a crisis situation.

- AAA Perth 275 Stirling St, Perth (08) 9328 6202
- AAA Gosnells Community Lotteries House Suite 3/2232C Albany Hwy, Gosnells (08) 9300 9156

Office Hours: Tuesday and Thursday

9:30am to 12:30pm

TRIPLE A CARE:

COMMUNITY AGED CARE PACKAGES (CACP)

Funded by Department of Health and Ageing.

Contact Chris Brama

CACP Coordinator on (08) 9228 9833

HOME AND COMMUNITY CARE PROGRAMME (HACC)

Funded by Department of Health (State).

Contact Sarojini Fernando HACC Coordinator on (08) 9328 7688

COORDINATOR COMMUNITY SERVICES

Special Projects Contact Manil De Mel (08) 9328 3435



FACILITIES at AUSTRALIA ASIA HOUSE 275 Stirling Street, Perth 6000



HALLS AVAILABLE

The Main Hall

seating capacity 200-250 people

- Kitchen Drinks, Fridge, Microwave
- Reverse cycle air conditioning
- Public Address System complete with music system
- Overhead Projector and Wide Screen
- 18 tables and 250 chairs

The Lesser Hall

seating capacity 40-60 people

- Wall mounted white board
- Reverse cycle air conditioning
- Tea making facilities/fridge
- 10 tables and 60 chairs

Committee Room seating capacity up to 14 people (for members only).

FOR BOOKINGS AND INFORMATION CONTACT (08) 9328 1160

NEWSLETTER **ADVERTISING COST** PFR ISSUF

\$ 100 - FULL A4 \$ 50 - 1/2 A4 \$ 25 - 1/4 A4

\$ 50 - FULL A4 \$ 25 - 1/2 A4

FOR FURTHER DETAILS AND TO **BOOK YOUR PRINTING TIME**

PRINTING AND PHOTOCOPYING FACILITIES

Colour A4 - 35 с

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Customise and Print your Newsletters, Flyers, Posters and Pamphlets in Colour or Black and White.

LAMINATING AND SCANNING SERVICES ARE ALSO AVAILABLE!!!

President's Message



Greetings once again to our ever expanding family and best wishes to our community groups from Fiji and Spain on their National Day and our Zoroastrian and Bengali members on Alhambra Ayethrem and Durga Puja. Lastly to our Muslim and Thai families on Eid- UI – Adha and Chulalongkorn Day.

In the development of new strategic directions under our new Multicultural Minister The Honourable Mike Nahan two community meetings will be held, one each, north and south of the river in Cannington and Mirrabooka. For further details contact the office on 93286202. It is important that our plans, ideas and aspirations be documented and submitted. Part of

the strategy is the development of a possible new funding model.

The association has now been in receipt of and running the Community Aged Care Packages (CACP) for thirteen years. Chris Brahmanada was employed to set up the programme and has been successfully running it now since its inception. Chris has now figuratively made up his mind to cross over the River Jordan and will be retiring shortly. A well attended farewell Dinner was held for Chris on the 11th October, at which his accomplishments were glowingly spoken off. I take this occasion on behalf of the committee and membership to thank Chris and wish him a long and happy retirement. I would also like to take this occasion to welcome Manil de Mel into this important position. Manil has poven himself as the co-ordinator of the Community Partnership Programme and more recently the State Governments Beyond Gambling Grant run through our association.

Since the hall is rented out at a relatively cheap hire fee and the cost of amenities like electricity has risen steeply, the committee has deliberated as to whether the association is actually losing revenue at the current low hire costs. To compound this the installation of the new kitchen has resulted in the installation of a very expensive Grease Trap which has to regularly cleaned at a considerable expense. The association, all things considered and with considerable regret, may have to raise the hire charges to meet the rising costs particularly of electricity and natural gas.

K C Yam our Youth Co-ordinator, must be congratulated on organising a wonderful Ethnic Soccer World Cup. Six teams from round the world competed. Congratulations to the winners, The Republic of Congo. In attendance were the Consul Generals from India, Bangladesh and Nepal. The member from Ballajura, Hon. Chiris Hatton MLA spoke on behalf of the Government. Well done KC.

To those who were in attendance, the association Spring Dance was a tremendous success as a social event and a fund raiser. Everyone had a great time. Well done Marlene who organised the event and Olga and some of the office staff for providing the back up. Manil de Mel is also to be congratulated for organising an extremely successful association Family Day, at the new venue The Rise in Bayswater. Many clients and guests were in attendance and several agencies had opened stalls to inform our members of the different government services available. Thank you Manil.

It was a great pleasure to be requested to compere the Eid in the Park function organised by the City of Vincent on Sunday the 20th October, at Birds Park, organised by the Hon. Alanah Mctiernan. Other member functions included the German Business Unity and the Swami Vivekenanda Durga Puja. The association continues to grow in numbers and status and that in no mean measure is due to the support of our you our dear members.

Unity in Diversity

Mel. Fialho



CEO'S Message



Time seems to travel so fast – we are only two months away from Christmas and a week away from the 57th Annual General Meeting of the Association reminding us that we are one of the oldest multicultural organisations in Western Australia. We are currently in the midst of preparing the annual reports for each of the sections and most important, finalising the audited Financial Statements to present to our members.

We were sorry to say goodbye to Chris Bramananda, the CACP Coordinator who retired on 30th September after 13/2 years' service. When we received funding for 15 CALD packages in 2000, after being knocked back 3 times, we scouted around for a mature aged experienced person to set up AAA's Age Care Program. Chris did a great job getting it started and expanded it to 35 packages, working diligently and

with compassion, meeting the needs of the clients. We wish him well in his retirement. Manil De Mel who has proved himself to be a very capable successor has taken over in a seamless transition.

The Home and Community Care Programme which we started 6 years ago, expanded rapidly providing Centre Based Day Care on four days, Monday, Wednesday, Thursday at Australia Asia House in Perth and on Thursdays at Canningvale which has its full complement of clients. There are vacancies in the Wednesday Multicultural Group if the communities are seeking a place for their loved ones who require support services. They can attend Centre Based Day care and/or receive help with food preparation, domestic assistance, personal care, transport, social support, respite and counselling.

Over the last two years the Department of Health has adopted a streamlined pathway for people requiring community care (HACC services). In the past Service Providers could directly assess the clients and provide the services they need. Under the current system, people seeking community care can call the Regional Assessment Service (RAS) on 1300 785 415 or contact us and we will contact the RAS on their behalf. Please promote this information among your own community members as there may be several among them who will qualify for community care and are not aware of how to access the service.

Look forward to seeing some of you at the Annual General Meeting on the 31st.

Olga Ramasamy OAM

Chief Executive Officer



INFORMATION SESSION ON ••••• THE BEYOND GAMBLING PROJECT





An information session on the Beyond Gambling Project was held on the 20th August 13 at the AAA office to the Iranian Community group to create an awareness on Problem Gambling/ Addictions. We had 18 participants at this session. The information talk was conducted by Mrs Latha Raman from Centrecare. The group was very interested to learn of these issues. We used a Farsi speaking translator for this session. We also arranged a buffet lunch for the participants. The feedback from the information session was good.







THE AUSTRALIAN ASIAN ASSOCIATION

Is happy to advice that we have engaged a Solicitor to provide Professional Legal Advice and Counselling. The initial consultation will be free of charge. Representation in court can be provided at a subsidised rate.

CONSULTATIONS

Time: 10:00am - 1:00pm

Days: Tuesdays and

Thursdays

For further details and appointments Please contact us on 9328 1160

Australian Asia Association of WA Inc 275 Stirling Street, Perth WA 6000











The Australian Asian Association of WA Inc. which was supported by Football West, organised a Soccer Tournament which commenced on Saturday 14th September at Birdwood Square, Perth as a part of The Association's Sports Activities. The chief guest Hon. Chris Hatton MLA, Member for Balcatta representing Hon. Mike Nahan MLA, Minister for Citizenship and Multicultural Interests, conducted the Opening Ceremony by kicking a soccer at 9am for the first two selected teams Brazil Vs India. He thanked the Association for organising the event for the Culturally and Linguistically Diverse (CALD) Youth.

Other participating guests were Niel Thomson, Chief Executive Director of Department of Sports and Recreation, Liam Twigger, the Chairman and Rob Mackay, Director from Football West, Mandarapu Subbarayudu, Consul General for India, Fred Brown, Honorary Consul for Nepal, Graham Drappert Honorary Consul for Bangladesh, Bishnu Devkota, NAWA President and Community representatives.

Afghanistan, Bangladesh, Brazil, Congo, Eritrea, India, Nepal and Oromo expressed an interest in

participation. Four games were played in the first round on 14th September and the Semi-final and the final games were played at Forest Park, Mt. Lawley on Saturday 21st September. The Pavilion was full with the Soccer fans, community representatives including guests from different social and government Organizations. The communities were cheering their own teams in a competitive spirit. The Tournament was successfully concluded with Congo as the winner and Nepal as Runner up. The award for the best player was presented to Boas Mtwali from Congo.

On behalf of the Organising Committee, I would like to express my sincere gratitude to the Chief Guest Hon.Chris Hatton for his presence. Similarly, I extend our appreciation to the diplomatic representatives, members, ethnic communities and government officials. I thank Football West for providing financial support for the event. In particular, we thank all the teams, umpires, volunteers and the Soccer fans for their contribution to the success of the 2nd AAA CALD Youth Soccer Tournament.

Mr. Yam K.C.
Youth Coordinator



Rob Mackay from chairman-Football West and AAA Representatives



Hon. Chiris Hatton MLA with Other Social and Governmental Officials including Community representatives

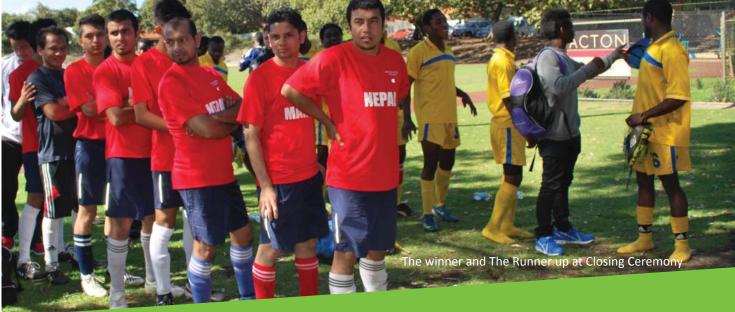


Hon. Chiris Hatton MLA with Indian Team



Hon. Chiris Hatton MLA with Brazilian Team







Chris retired from AAA

Thank you for the wonderful 13 years of service you have rendered to this company. This company is very much thankful to your service as it has seen its growth only because of your dedication, sincerity and efforts taken towards the work. Wish you happy days after your retirement!















Continued from front page

Family Day 2013 for Community Groups with AAA













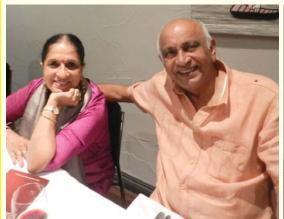








AAA Break-Up Party 24th October 2013











AUSTRALIA BURMA CHARITY INC.

ABN 92771696802

CHARITABLE LICENCE No.: 21179

presents

A PRE-CHRISTMAS CHARITY DANCE







Cyril Jackson Recreation Centre
End of Fisher Street, Ashfield

Saturday 30th November

7.00 p.m. till midnight

TICKETS \$ 20 - Raffle and Door prizes

BYO snacks & drinks

FOOD ON SALE

FOR TICKETS CONTACT: Robert - 0466246834/92494041; Colin - 0412524372; Glen - 0439846806

Barbara - 0418274813; Douglas - 0419929095; John - 0415035991; Connie - 0439901344



charitable organisations in Australia that care for the homeless.



Let's help the young and old live better lives!

The Australia Burma Charity Inc. is a charitable organisation and we assist the poor and needy in Burma including sufferers of HIV/AIDS, the elderly and orphans. We also assist

Funny yet True Facts On Becoming and Being Old

Once these Funny Stuff become reality you just know you are old. Enjoy...





- Everything hurts and what doesn't hurt, doesn't work.
- In a hostage situation you are likely to be released first.
- It takes a couple of tries to get over a speed bump.
- It takes longer to rest than it did to get tired.
- It takes twice as long to look half as good.
- People call at 9 p.m. and ask, "Did I wake you?"
- People no longer view you as a hypochondriac.
- The clothes you've put away until they come back in style... come back in style.
- The end of your tie doesn't come anywhere near the top of your pants.
- The little gray-haired lady you help across the street is your wife.
- The pharmacist has become you new best friend.
- There's nothing left to learn the hard way.
- Getting lucky means you find your car in the parking lot.
- You are cautioned to slow down by your doctor instead of the police.
- You don't care where your wife goes, just so you don't have to go along.
- You have a choice of two temptations and you choose the one that will get you home earlier.
- You wake up with that morning-after feeling, and you didn't do anything the night before.
- You and your teeth don't sleep together.
- You are 17 around the neck, 42 around the waist, 96 around the golf course.
- You can't remember the last time you laid on the floor to watch television.
- You come to the conclusion that your worst enemy is gravity.
- You finally got your head together, now your body is falling apart.
- You give up all your bad habits and you still don't feel good.
- You have more patience; but actually, it's just that you don't care any more.
- You have too much room in the house and not enough in the medicine cabinet.
- You just can't stand people who are intolerant.
- You know all the answers, but nobody asks you the questions.

- You look for your glasses for a half an hour, and then find that they were on your head all the time.
- You look forward to a dull evening.
- You no longer think of speed limits as a challenge.
- You quit trying to hold your stomach in, no matter who walks into the room.
- You sing along with the elevator music.
- You sink your teeth into a steak ...and they stay there.
- · You sit in a rocking chair and can't get it going.
- You wake up, looking like your driver's license picture.
- You wonder how you could be over the hill when you don't even remember being on top of it.
- You would rather go to work than stay home sick.
- Your best friend is dating someone half their age and isn't breaking any laws.
- Your idea of a night out is sitting on the patio.
- Your idea of weight lifting is standing up.
- Your joints are more accurate than the National Weather Service.
- Your memory is shorter and your complaining is longer.
- Your mind makes contracts your body can't keep.
- Your new easy chair has more options than your car.
- Your pacemaker raises the garage door when you see a pretty girl go by.
- Your secrets are safe with your friends because they can't remember them either.
- You're asleep, but others worry that you're dead.
- Your try to straighten out the wrinkles in your socks and discover you aren't wearing any.
- It takes two tries to get up from the couch.
- You're on vacation and your ENERGY runs out before your money does
- · You want clothes for Christmas.
- Your neighbors borrow your tools.
- You can live without sex but not without glasses.
- You talk about "good grass" and you're referring to someone's lawn.
- You are proud of your lawn mower.
- Your supply of brain cells is finally down to a manageable size.

http://health.india.com

